Welcome to the first lecture of this unit. In this lecture, we shall introduce you to the discipline of Human Geography. We shall do this by explaining the meaning of Geography as well as Human Geography. In addition, we shall take you through the developmental changes that the discipline has gone through, from its inception to the present. The lecture has some intext questions which will help you in your revision. Pay attention to the reference materials provided at the end of the lecture for further reading. We hope you will enjoy the lecture.