



## Open and Distance learning

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Thematic Head



[Jackonia Odumbe.](#) [8]

#### **Description**

Open learning and distance education refers to approaches to learning that focus on freeing learners from constraints of time and place while offering flexible learning opportunities. For many students, open and distance learning (ODL) is a way of combining work and family responsibilities with educational opportunities.

Distance education (sometimes referred to as 'distributed learning' or 'distance learning') is any educational process in which all or most of the teaching is conducted by someone geographically removed from the learner, with all or most of the communication between teachers and learners being conducted through electronic or print mediums.

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